

## Holiday Specials

The [Website Contest](#) aside, there are various specials available during the month of December which we hope you will take advantage of. One example is the [Blood Type Diet Collection CDs](#): "Order any two CDs and get the *All Blood Types Food List* and the *Combined Type O & A Menu Planner* for free plus a complimentary one-hour *Telephone Nutritional Consultation*". Please peruse our website for other specials.

Do you need help with achieving 80/20 compliance with [the Blood Type Diet](#) only just the thought of creating a [Menu Planner](#) to ensure your success makes you go cross-eyed? We're here to help! Now you can either purchase our ready-made [Weekly Menu Planner](#) sporting meals matched to a [30-page Recipe Package](#) or select one of six [Nutritional Consultations](#) to help get you started. The advertised Consultations show a competitive rate for the first hour and an even better rate for the second hour. Check it out!

There has been a lot of interest expressed on the topic of [Green Smoothies](#) and [Live Enzyme Food](#) for optimal wellness. If time or distance prevents your coming to a demonstration of the [Waring Hi-Speed blender](#) or perhaps you already own a commercial blender, then you may consider the newest option for getting help which is a [Live Enzyme Nutritional Consultation](#). This is one of the six [Nutritional Consultation](#) specials offered on the website. It includes [recipes](#) and help with sourcing [super foods](#) to make your drinks even more healthy and enjoyable. Anyone who books this consultation and chooses to purchase a blender as a result, will receive a bonus of [free specialty ingredients](#) which can be added to blended drinks. *Ask us for details.*

Some of you may have [Christmas shopping](#) on your mind. If you'd like to give the gift of "good health" to a loved one, consider gifting them with a [Phone \(or Personal\) Consultation](#) or alternatively, choose a product like a [CD or Cook Book](#). If you purchase a [Consultation](#) for a loved one, we will sweeten the package by offering [25% off of any supplement purchases](#) made at the gift recipient's initial appointment.

If you're not sure what to buy, why not opt for a [Centre for Healthy Living gift certificate](#). We're offering holiday specials on certificates as follows: i) [pay \\$50 for a \\$75 certificate](#) on consultations including Eyology; ii) [purchase any \\$29.95 or higher priced item on the website and receive \\$15 gift certificate](#) on your next purchase. If you [refer anyone to our website](#) who makes a purchase and they mention your name, you will receive a [\\$10 gift certificate](#) redeemable on either a Consultation or Course. [Gift certificates in any denomination](#) for either product or service are available upon request at discounted rates up until January 15th, 2008. Let us know what you'd like and we'll quote you a [special rate](#).

More [Fun on Fridays](#) . . . every Friday in December, we'll advertise a [Weekly Special](#) on our home page -- may we suggest you put a reminder to check [www.waytotonutrition.com](http://www.waytotonutrition.com) in your calendar. Secondly, we will also post a [True or False Quiz](#) and invite you to test your knowledge on holistic health topics. The

contestant with the highest score will receive "Way to Go!" accolades accompanied by a \$50 gift certificate.

There's one final announcement which has to do with spreading the good cheer around the country. If you refer five people to our website who request being placed on our Preferred Client list and any one of them makes an on-line purchase (excluding a blender) we'll give you a one-time credit for the value of their purchase. (if more than one person shops on our website, the highest purchase price will be matched). Refer someone who purchases a blender and we'll award you a \$100 gift certificate towards the Nutritional Health Consultation of your choice. (\*Please note that all values quoted are in Canadian dollars. This offer is valid until Dec. 31, 2007.)

We hope you have fun perusing the website, learning and enjoying the variety of savings too! We look forward to hearing your comments.

Helen  
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