

EGYPTIAN POSTURES OF POWER

CONNECTING TO THE UNIVERSAL FORCES WITH JASON QUITT



SATURDAY FEBRUARY 25, 2012

10-4PM - COST \$80

@ **Unity of London**

136-4026 Meadowbrook Dr. London, ON. N6L 1C8



The Egyptian Postures of Power is a system of healing techniques that were practiced by the ancient Egyptians in order to maintain optimal health and vitality. Just like Qigong, Tai Chi, Yoga, & Vedic Mudras; the Egyptian system utilizes the sacred movements, postures and geometry of the body to go in harmonic resonance with different universal energies. These energies are then used for specific purposes of healing, personal growth, and enlightenment. For thousands of years these methods have been utilized to cleanse, balance, and align our physical, mental, emotional, and spiritual bodies with the natural life giving forces of the universe.

- Explore the sacred geometry of the human body and how it connects to universal forces
- Learn "The Salute to the Sun & Balancer of the inner worlds" healing system
- Learn about the hidden mysteries & healing power of the Pyramids and the Pharaoh Cylinders
- Learn ancient Egyptian methods of healing with Essential oils and their combinations with healing postures, mudras, & mantras

Join Jason Quitt for an enlightening day of teachings and initiations into the ancient methods of The Egyptian Postures of Power.

To Register Contact Helen Luczak
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519-680-2884
www.thecrystalsun.com



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