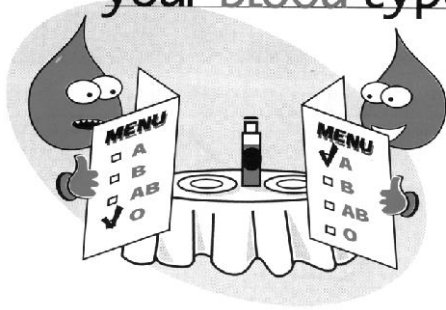


Eat right ④
your blood type



Centre for Healthy Living presents . . .
**“How to Get Results using
Dr. Peter D'Adamo's
Blood Type Diet”**
Featuring

Helen Luczak, B.A., P.H.C.P.,
Eat Right 4 Your Type Specialist

Helen Luczak has attracted thousands of people to hear her popular Eat Right 4 Your Type seminar having presented in more than 25 cities in Ontario.

Wednesday, May 11th, 6:00 - 9:00 p.m.
Zehrs Laurentian Power Centre
750 Ottawa St. S (at Strasburg), Kitchener

COST: \$25 (Payable in advance by Wed., May. 4th)
Registration forms available in the Natural Value Dept. at Zehrs.
Note: Registrations can be paid at Customer Service.

Ask About our Cook Right 4 Your Type Class
Being Held Tues. May 24th, 6 - 9 p.m.

**Helen's
“Simply
Delicious
& Nutritious”
Cook Book
will be sold**

Don't know your blood type?

Advance Blood Typing Clinic
Fri. May 11th, 5:30-6:00 p.m. prior to the Seminar
Confirm your attendance at the Clinic by calling
(519) 680-2884 or email: luczak@sympatico.ca.
Cost: \$5 per registrant and \$10 per non-registrant

Presented By:

