

## Blood Type Percentages in the General Population

<b>Total Number <u>In Sample</u></b>	<b><u>Blood Type</u></b>	<b>Percentage of <u>Whole</u></b>
2433	O	47.7
1842	A	36.1
621	B	12.0
218	AB	4.2
5114		100%

## Life Span Per Blood Type

<b>Average Age <u>of Sample</u></b>	<b><u>Blood Type</u></b>	<b>Average Age <u>at Death</u></b>
57.7	A	61.6
62.9	AB	69.5
67.6	B	78.2
78.5	O	86.7

The sample of 5114 people includes statistics on parents and other relatives, living and deceased. The most significant finding illustrated above is that there is a direct link between blood type and longevity. At this time in the U.S.A. Type Os live an average lifespan of approximately 25 years longer than Type A individuals. This is a significant gap. All blood types are susceptible to diseases and illnesses but not all at the same stage in life. A's and AB's die at much younger ages from heart disease and cancer than Bs and Os. Type Os often suffer chronic degenerative diseases like osteoarthritis whereas Type Bs develop more exotic diseases associated with long-term viruses such as Lupus and M.S. Non-Secretors of all blood types are even more prone to disease due to lower immunity.

(For more information, please refer to The Answer is in Your Blood Type by Steven Weissberg, M.D. and Joseph Christiano, A.P.P.T.)