

Summer Harvest Extravaganza

A Fun-filled Holistic Day featuring



- Organic Vegetarian Dishes
- Demonstrations & Lectures



- Sprouters, Medicinal Herbal Teas & Dehydrators Available for Purchase

Saturday, September 17th

171 Brock St. in Brantford

10 am to 5 pm

(Optional evening program)

Prepaid Day Pass for 7 Events: \$75

Or pay \$15 per Event – Minimum of 2 Events

Optional Lunch or Dinner \$15 cash only

Early Bird Incentive: \$65 for Day Pass by Sept. 6th



Dixie Bowden & Samuel Porter invite you to Brantford to hear Guest Lecturer Helen Luczak of the Centre for Healthy Living speak on alternative health & nutrition topics. There will be demos on Sprouting Seeds, Growing Wheat Grass & Green Smoothies plus a power point presentation on Sclerology, a clinical health assessment tool. While you fine dine on awesome mainly organic raw food dishes Helen will lecture on Dr. D'Adamo's Blood Type Diet.

For Day Passes or more info, please call 519-680-2884 (London) or 519-758-9803 (Brantford). Information Sheet with full schedule of events: luczak@rogers.com.

www.waytgonutrition.com